The Lord is my shepherd; I shall not want.

He maketh me to lie down in green pastures:

He leadeth me beside still waters. He restoreth my soul:

He leadeth me in the paths of righteousness for his name's sake.

Yea, though I walk through the valley of the shadow of death, I will fear no evil:

For thou art with me; thy rod and thy staff they comfort me.

Thou preparest a table before me in the presence of mine enemies:

Thou anointest my head with oil; my cup runneth over.

Surely goodness and mercy shall follow me all the days of my life:

And I will dwell in the house of the LORD for ever.

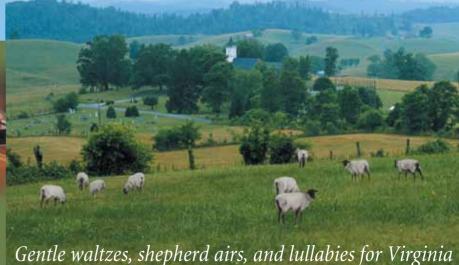
—the ancient shepherd David

Dedicated to the makers of our fine instruments:

Sam Rizzetta, Ray Mooers and Dusty Strings hammered dulcimers (I play a D-260 and D-600); Gemeinhardt flutes (I play an old 3SSB); Rob Yard (Woodsong), William Bell (Little River), Prince of India bamboo flutes; Susato, Howard, Soodlum's, Clarke and Shaw whistles; James Jones psalteries; Hohner melodica and harmonica; Martin, Guild, Fender and Alvarez guitars; John Yule Celtic harps; Steinway grand pianos; Kurzweil and Ensoniq keyboards. Thank you for your inspired art!

Further grateful acknowledgements: Ellen Randolph; Libby Covairt and the College of William & Mary; Margaret Hofmaier; Sam's Cameras; Shenandoah National Park; Glen Duff; Hallett and Eleanor Hullinger; my dear wife Rowena Seaman; Jonathan Hounshell and Jane Hillhouse; Jeff Amory and Amory Music; the Trellis Restaurant; Wendy's of Mechanicsville.





PLACES OF ABUNDANCE, VOLUME 3 • TIMOTHY SEAMAN

All music arranged by Timothy Seaman, ©2000, except where otherwise noted.

Design: Jon Hounshell, Hillhouse Graphic Design, Kingsport, Tennessee. (423/239-5431)

Photography: front (Draper's Valley and Singers Glen, Virginia), inside landscape (Fort Valley, Virginia) and back (Humpback Rocks, Virginia) by Timothy Seaman; silhouette portrait (Big Meadows, Virginia) y Karen Seaman; portrait with piano by William Becker; portrait with harp by Cynthia Smith.

Produced by Timothy Seaman.

Recorded at Outback Studio,
Mechanicsville, Virginia, by Henry Smith
(804/730-4174). (Piano recorded at the



1. WALTZ FOR LITTLE GIRLS (LA VALSE POUR LES PETITES JEUNES FILLES)—trad. French Canadian. This sweet waltz learned from Malcolm Dalglish becomes our gathering song: Come, join in! T.S. hammered dulcimer howed and plucked padleries quitar.

T.S.: hammered dulcimer, bowed and plucked psalteries, guitar, bamboo flute (bansuri), shaker, bodhran, glockenspiel, melodica keyboard; Henry Smith: bass

2. QUIET IN THE MEADOW— ©Timothy Seaman, 2000. Light breezes sift

the moonlight. T.S.: bamboo flute

3. SKYLAND—©T. Seaman, 2000. High on the ridge beside Stony Man is a quiet cabin resort, a highland haven of joy and peace among rocks, trees, and refreshing streams. Places of Abundance musical motifs compose this new countermelody: The notes ABBA, Aramaic for "Father"; the 5th-3rd interval for the National Parks; octaves linking past, present and future. THIS IS MY FATHER'S WORLD (Terra Beata)—Franklin Sheppard, 1915; words by Maltbie Babcock, 1901.

T.S.: hammered dulcimer, flute; Laurie Jean Seaman: vocals; Henry Smith: bass 4. SI BHEAG, SI MHOR (BIG HILL, LITTLE HILL)—Turlough O'Carolan, 17th C. Legend has it that the great Irish harper began his composing career with this masterpiece. Phillip Skeens: guitar, T.S.: flute

5. SHEPHERD'S WIFE'S WALTZ/ MIDNIGHT ON THE WATER—trad.

American. Joe Healey and Margaret Davis brought us the former, and Jerry Read Smith the latter.

T.S.: hammered dulcimer, melodica, bowed psaltery, keyboard, harmonica

6. LULLABY—Johannes Brahms, arr.
©J. Paulette Blair Murphy, 2000. Ask Paulette about the tunes she's written for her own young children!

Paulette Murphy: piano, keyboard; T.S.: flute

7. JOCK O'HAZELDEAN—*trad. Scottish*, 17th C. Our Trio StringWind played this favorite air of ours live in the studio.

Ardie Boggs: Celtic harp (clarsach); Phillip Skeens: guitar; T.S.: hammered dulcimer

8. ALL THROUGH THE NIGHT (AR HYD Y Nos)—trad. Welsh. The Celtic folk of Wales have such a profound voice!

T.S.: hammered dulcimer, bowed psaltery; Henry Smith:

9. Angels Watching Over

ME—trad. African American spiritual, arr.

©Henry Smith, 2000. It sounds as if Henry recorded this while thoughtfully swinging on his back porch. Hear any crickets or spring peepers?

Henry Smith: guitar, vocal

10. THE LORD IS MY SHEPHERD, NO WANT SHALL I KNOW (POLAND)— Thomas Koschat. This setting of the 23rd

Psalm is a favorite of my mother's from her childhood. T.S.: flutes

11. SLEEP, MY BELOVED (SCHLAFE, MEIN LIEBSTER)—J. S. Bach, from Christmas Oratorio, 1733. The greatest musician of all time wrote one of the sweetest lullabies. Millie Becker: piano; T.S.: flute

12. THE KING OF LOVE MY
SHEPHERD IS (ST. COLUMBA)—trad.

Irish, arr. @Ardith Boggs, 2000. Ardie joined a friend to sing this in church with guitar years and years ago; I learned it from Lorraine Duisit.

Ardie Boves: Celtic haro (clarsach): T.S.: whistles in A and low D

13. BIG MEADOWS TWILIGHT—

© Timothy Seaman, 2000. The oldest field in Virginia was kept burned clear for centuries by the First Americans of the Blue Ridge; my daughter Karen and I debuted this air in that exquisite high meadow engulfed in a March sunset.

T.S.: hammered dulcimer, whistle, bamboo flute, bowed psaltery, keyboard

14. LAUDATE DOMINUM—W. A.

Mozart, from Solemn Mass for Vespers; transcribed by Timothy Seaman.

Many thanks to Christopher
Parkening for his heavenly
version on the disc Simple Gifts.

T.S.: guitar, hammered dulcimer, flute

15. SAVIOR, LIKE A SHEPHERD LEAD US (SHEPHERD)—William Bradbury, 1859; arr. ©J. Paulette Blair Murphy, 2000. The pure simplicity of Bradbury's Civil War Era melodies continue to stir us today: "He Leadeth Me," "Just As I Am", "The Solid Rock", Jesus Loves Me", "Sweet Hour of Prayer", and this shepherd air.

Paulette Murphy: piano; T.S.: flute

16. TAPS—Gen. Daniel Butterfield, c. 1861. Countless calm starry nights have begun with this timeless soft song of celebration: "Day is done/Gone the sun/From the lake, from the hills, from the sky/All is well/ Safely rest/God is nigh." Have you drawn in a whiff of tonight's fresh air? QUIET IN THE MEADOW (REPRISE)—©Timothy

Seaman, 2000. T.S.: bamboo flutes

17. WESTPHALIA WALTZ—trad.

American. Steve Bennett and Bill Gurley gave us this reassuring tune, and Joe

Weed the harmonica mood idea. Have a

wondrous night beneath the open sky!

T.S.: hammered dulcimer, guitar, harmonica

OTHER AVAILABLE RECORDINGS:

PLACES OF ABUNDANCE SERIES:

Volume 1: **HERE ON THIS RIDGE,** for Shenandoah National Park

Volume 2: **CELEBRATION OF CENTURIES,** for Williamsburg's 300th
Anniversary

CHRISTMAS THEMES:

INCARNATION: Heart-felt instrumentals in solo and ensemble, all played by Timothy Seaman

Snow-Covered Ice: A live Scottish Christmas with Ardie Boggs and John Turner

WAYFARING STRANGER: Collection of favorite tunes, chiefly Celtic

You may request further recording and performance information from Timothy Seaman at 127 Winter East, Williamsburg, VA 23188; phone 757/565-1461; fax 757/565-5051; e-mail tseaman@visi.net—

Herein find gentle waltzes, shepherd airs and lullabies in the unique heartfelt style Quiet in the Meadow TIMOTHY SEAMAN **TIMOTHY SEAMAN** of Timothy Seaman and his friends in the StringWind assemblage: an evening's gracious rest in the beautiful state of Virginia instrumentally interpreted on hammered dulcimer, flute, piano, Celtic harp and guitar, with a touch of quiet vocals—toward vibrant peace of heart and soul for both young children and adults seeking refreshment. Come join us tonight with the shepherds beneath a great oak in the mountain pasture sunset! 1. WALTZ FOR LITTLE GIRLS (La valse pour les petites jeunes filles) 2. QUIET IN THE MEADOW (T.Seaman) 3. SKYLAND (T.Seaman) / THIS IS MY FATHER'S WORLD (F.Sheppard, M.Babcock) 4. SI BHEAG, SI MHOR (T.O'Carolan) 5. Shepherd's Wife's Waltz / Midnight on the Water 8. All Through the Night 9. Angels Watching Over Me 10. THE LORD IS MY SHEPHERD, NO WANT SHALL I KNOW (T.Koschat) 11. SLEEP, MY BELOVED (Schlafe, Mein Liebster—J.S.Bach) 12. The King of Love My Shepherd Is 13. BIG MEADOWS TWILIGHT (T.Seaman) 14. LAUDATE DOMINUM (W.Mozart) 15. SAVIOR, LIKE A SHEPHERD LEAD US (W.Bradbury) 16. TAPS (D.Butterfield) / QUIET IN THE MEADOW REPRISE (T.Seaman) 17. Westphalia Waltz TOTAL TIME ©2000 Timothy Seaman 127 Winter East, Williamsburg, VA 23188 Ph.: 757/565-1461; fax: 757/565-5051; e-mail:tseaman